

Special camp on Malnutrition and Food habits

Date of Event : 23rd March – 29th March, 2019

A world without women is highly unthinkable. Progress is impossible in a patriarchal social structure, where women worldwide have to struggle ceaselessly to attain parity with men in all fields. Beyond the biological and evolutionary role she performs, a woman's contribution to world harmony is undisputable. A feminine approach to a problem can be the difference between a solution and a disaster. History holds testimony to such claims. It is high time that we acknowledge that our mothers, our sisters, our daughters, and the derogatorily called 'the other' sex deserve much better than rights deprivation and misogyny. This can only happen if women are empowered and made aware of their rights. With such a noble cause kept in mind and to commemorate the event of international Women's day, the NSS unit of the Presidency University had organized a seven days special camp on women empowerment. The main focus of the camp was to aware the local women about different social issues with a brief outline of empowerment. The detailed report of the event is highlighted as under: 1. Day 1 (8/3/2019): The first day of the camp started with a brief by Smt. Shilpa Shaw, Programme Officer, NSS Unit regarding the programme to be held. On the first day of the camp, an in-house talk as well as a poster presentation was organized wherein the latter was participated by the NSS volunteers. The primary theme of this presentation was women empowerment and its various facets. It may be added here that the aforesaid has been the central theme of this special camp. On this day we had also found the participation of eighteen residents of the adopted community, comprising of the housewives and other female members. On this day we had a series of paper presentations based on women rights as well as their economic empowerment. The discussion highlighted on empowering women thorough economic self-sufficiency which may often be done with the organization of various self-help groups and better policy initiatives both at the state and the national level. 2. Day 2 & 3 (9/3/2019 & 10/3/2019): The second and third day of the camp, the NSS volunteers visited the adopted community whereupon they had conducted a survey on the socio-economic condition of the community members. The volunteers further sensitized the

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local people about the importance and the need for empowering women and other vulnerable members. On these days, there was detailed interaction session among the members as well as the volunteers, thus we hope that the community can understand the importance and be aware of the issue of empowerment. 3. Day 4 (11/3/2019): on the fourth day of the camp, a free health check-up was organized where community members of Keshab Chandra Sen Street joined. This health check-up was conducted by Dr Jadab Chatterjee, Professor of Anatomy, Medical College and Hospital. Herein the concerned had also prescribed medicines for the patients.



Camp on malnutrition and food habit by NSS